

What you should know about your PicoSure® FOCUS Lens Array Rejuvenation or Hyperpigmentation Treatment:

What is the PicoSure® FOCUS Lens Array and how does it work?

PicoSure® FOCUS Lens Array is indicated for treatment of unwanted pigmentation, wrinkles and acne scars. The FOCUS Lens Array provides a revitalized appearance of the skin on various areas of the body: face, décolleté, hands, and arms.

How much does it cost?

To be determined. Fee is based on area and time needed for treatment.

What should I expect after treatment?

The area may be red initially after treatment. Redness typically resolves in less than an hour but in some cases may linger for 24 hours, frosting usually fades in 30 minutes. ‘Sloughing’, or peeling, may occur as well. Do not pull or pick at this skin, allow it to fall off of the treated areas naturally.

Treated pigment will appear darker for 5-10 days (hands typically 10 days). Small red or purple spots and/or acneiform papules can occur after treatment. This resolves spontaneously without intervention in 3-7 days. Do not pick the areas and refer to post treatment care for further instruction.

How many treatments will be required?

The number of laser treatments is dependent on a number of variables such as skin type, location on the body, lifestyle habits, etc. During your consultation, your skin will be evaluated and a realistic treatment regime will be provided. Treatments may vary between 1 and 3 sessions. Results may vary.

What does the FOCUS Lens Array feel like?

For many patients, the treatment may have a burning sensation however, it is very fast. To ease any discomfort, a topical lidocaine may be purchased in our office and applied 30 minutes prior to treatment. After treatment, once the numbing cream wears off, the treated area can feel like a severe sunburn. Applying Aloe Vera gel after treatment can help alleviate some of this discomfort.

How often will I need treatments?

Typically, we advise patients to schedule every 4-8 weeks. Your nurse will notify you how often to return for follow up treatments to achieve the best results possible.

Pre Treatment:

No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment.

Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the area to be treated every 2 hours when exposed to the sun.

Remove all makeup, creams or oils prior to treatment.

If you would like to use numbing cream, apply 30 minutes prior to your scheduled treatment and wrap with an occlusive dressing (such as saranwrap). This cream may be purchased in our office.

Post Treatment:

Warmth/heat sensation may linger for an hour. Cool the skin post treatment as needed with cold gel packs, Aloe Vera gel, or cool air.

Gently cleanse the treated areas with mild soap and water, then pat the area dry. Do not soak treated areas.

Do not rub or scratch the treated area.

If crusting or scabbing occurs do not shave or pick the area. Apply a moisturizer to the area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own. Apply moisturizer as needed.

Any discomfort may be relieved by cold gel packs and/or an over the counter pain reliever, such as acetaminophen (Tylenol®).

Apply SPF #30 and continue to use daily.

Avoid contact sports or any other activity that could cause injury of the treated area.

Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals (about 48 hours post treatment).

Contact our office if there is any indication of infection (redness, tenderness or pus).

***Following the recommended post treatment protocol will likely improve the results and reduce the chance of small adverse events. Failure to comply may result in or increase the chance of complications such as: hyper or hypopigmentation, etc.**